

Witney Summer Term Course Dates

Oxfordshire
Recovery
College

April-July (in-person) 2022

Understanding Confidence
Friday 29th April (10am-1pm)

**Thinking about Thinking
(part 1)**
Friday 6th May (10am-1pm)

**Thinking about Thinking
(part 2)**

Friday 13th May (10am-1pm)

**Art Workshop -
Self-Care Scrapbooking**
Friday 8th July (1-3pm)

‘Through learning together we support each other to grow in hope and confidence and develop skills to better manage our own mental health’

All of our courses in
Witney will take place at:

Witney Resource Centre (Mind),
Moorland Road,
Witney OX28 6LS

If you would like to enrol as a student
with us, or book onto any courses,
please contact us on:

T: 01865 779613

E: contactORC@restore.org.uk



WE ARE BETTER
TOGETHER
The Oxfordshire Mental Health Partnership

Head to our website to find out more
about what we do, our different courses
and all the latest Recovery College news:

www.oxfordshirerecoverycollege.org.uk